

Parts of the body

ankle /'æŋkəl/
 arm /ɑ:m/
 back /bæk/
 bone /bəʊn/
 bottom /'bɒtəm/
 calf /kɑ:f/
 cheek /tʃi:k/
 chest /tʃest/
 elbow /'elbəʊ/
 eyebrows /'aɪbrəʊz/
 finger /'fɪŋgə/
 fingernail /'fɪŋgənəl/
 foot/feet /fʊt/fi:t/
 forehead /'fɒrəd/
 heel /hi:l/
 jaw /dʒɔ:/
 knee /ni:/
 lips /lɪps/
 neck /nek/
 rib /rɪb/
 shoulder /'ʃəʊldə/
 stomach /'stʌmək/
 tooth/teeth /tu:θ/ti:θ/
 thigh /θaɪ/
 thumb /θʌm/
 toe /təʊ/
 tongue /tʌŋ/
 waist /weɪst/
 wrist /rɪst/

Injuries

black eye /,blæk 'aɪ/
 bleed /bli:d/
 break your leg/your arm/a rib /,breɪk jə
 'leg/jə 'ɑ:m/ə 'rɪb/
 break /breɪk/
 broken leg/bone /,brəʊkən 'leg/'bəʊn/
 bruise (n; v) /bru:z/
 bruised elbow /,bru:zɪd 'elbəʊ/
 burn your tongue/finger /,bɜ:n jə 'tʌŋ/
 'fɪŋgə/
 burn /bɜ:n/
 burnt finger /,bɜ:nt 'fɪŋgə/
 cut your hand/lip /,kʌt jə 'hænd/'lɪp/
 cut /kʌt/
 cut finger/hand/lip /,kʌt 'fɪŋgə/'hænd/'lɪp/
 dislocate your shoulder/thumb /,dɪslə'keɪt
 jə 'ʃəʊldə/'θʌm/
 dislocated shoulder/thumb /,dɪslə'keɪtɪd
 'ʃəʊldə/'θʌm/
 dislocation /,dɪslə'keɪʃən/
 get a few cuts/bruises/scratches /,get ə
 fju: 'kʌts/'bru:zɪz/'skrætʃɪz/
 scratch your knees/neck /,skrætʃ jə 'ni:z/
 'nek/
 scratches on your legs /,skrætʃɪz ɒn jə
 'legz/
 sprain/twist your ankle/wrist/knee
 /,sprɛɪn/'twɪst jə 'æŋkəl/'rɪst/'ni:/
 sprain (n) /sprɛɪn/
 sprained ankle /,sprɛɪnd 'æŋkəl/
 sting (n; v) /stɪŋ/
 sunburn /'sʌnbɜ:n/
 swollen /'swɒlən/

Illnesses and symptoms

asthma /'æsmə/
 be sick with /,bi 'sɪk wɪð/
 catch (a disease) /,kætʃ (ə dɪ'zi:z)/
 condition /kən'dɪʃən/
 contagious /kən'teɪdʒəs/
 cough /kɒf/
 deadly /'dedli/
 develop/get symptoms /dɪ'veləp/,get
 'sɪmptəmz/
 die /daɪ/

fall/get ill (with sth) /,fɔ:l/,get 'ɪl (wɪð
 ,sʌmθɪŋ)/
 feel dizzy/sick /,fi:l 'dɪzi/'sɪk/
 feel well/weak /,fi:l 'wel/'wi:k/
 fever /'fi:və/
 flu /flu:/
 get (malaria) /,get (mə'leəriə)/
 get worse /,get 'wɜ:s/
 have a pain in your back/leg/chest /hæv ə
 ,peɪn ɪn jə 'bæk/'leg/'tʃest/
 have a temperature /,hæv ə 'tempərəʃə/
 have no appetite /,hæv nəʊ 'æpətət/
 hay fever /'heɪ ,fi:və/
 headache /'hedɪk/
 heart attack /'hɑ:t ə,tæk/
 hurt /hɜ:t/
 indigestion /,ɪndɪ'dʒestʃən/
 infection /ɪn'fekʃən/
 kill /kɪl/
 lose your voice /,lu:z jə 'vɔɪs/
 malaria /mə'leəriə/
 nosebleed /'nəʊzblɪd/
 rash /ræʃ/
 runny nose /,rʌni 'nəʊz/
 (seriously) ill /,(sɪəriəsli) 'ɪl/
 sickness /'sɪknəs/
 sore throat /,sɔ: 'θrəʊt/
 stomachache /'stʌməkəɪk/
 virus /'vaɪərəs/
 vomit /'vɒmɪt/
 vomiting /'vɒmɪtɪŋ/
 weight problems /'weɪt ,prɒbləmz/

Treatment

breathe in and out /,brɪð ,ɪn ənd 'aʊt/
 cure (n; v) /kjʊə/
 diagnose /'daɪəgnəʊz/
 diagnosis /,daɪəg'nəʊsɪs/
 do a blood test /,du: ə 'bləd test/
 examine /ɪg'zæmən/
 eye drops /'aɪ drɒps/
 first aid /,fɜ:st 'eɪd/
 get better /,get 'betə/
 give sb an injection /,gɪv ,sʌmbɒdɪ ən
 ɪn'dʒɛkʃən/
 go on a diet /,gəʊ ɒn ə 'daɪət/
 (herbal) medicine /,(hɜ:zbəl) 'medsən/
 hospital /'hɒspɪtl/
 inject /ɪn'dʒekt/
 make an appointment /meɪk ən
 ə'pɔɪntmənt/
 open wide /,əʊpən 'waɪd/
 operation /,ɒpə'reɪʃən/
 patient /'peɪʃənt/
 prescribe /prɪ'skraɪb/
 prescription /prɪ'skrɪpʃən/
 prevent /prɪ'vent/
 prevention /prɪ'venʃən/
 put ice on sth /pʊt 'aɪs ɒn ,sʌmθɪŋ/
 put a plaster on sth /,pʊt ə 'plɑ:stə ɒn
 ,sʌmθɪŋ/
 recover (from a disease) /rɪ'kʌvə (frəm ə
 dɪ'zi:z)/
 recovery /rɪ'kʌvəri/
 rescue team /'reskjʊ: tɪm/
 save lives /,seɪv 'laɪvz/
 see a doctor /,si: ə 'dɒktə/
 stop the blood flowing /stɒp ðə 'blʌd
 ,fləʊɪŋ/
 take (antihistamine) tablets /teɪk
 (,æntɪ'hɪstəmɪn),tæbləts/
 take sb's temperature /,teɪk ,sʌmbɒdɪz
 'tempərəʃə/
 treat /tri:t/

Charity events

cycle race /'saɪkəl reɪs/
 cycle (v; n) /'saɪkəl/
 donate /dəʊ'neɪt/
 foundation /faʊn'deɪʃən/
 in memory of sb /ɪn 'meməri əv ,sʌmbɒdɪ/
 marathon /'mærəθən/
 participant /pɑ:'tɪsəpənt/
 raise money for sth /,reɪz 'mʌni fə ,sʌmθɪŋ/
 set up a webpage /,set ʌp ə 'webpeɪdʒ/
 sponsor /'spɒnsə/
 take part in /,teɪk 'pɑ:t ɪn/

Common idioms

break sb's heart /,breɪk ,sʌmbɒdɪz 'hɑ:t/
 can't believe your eyes /kɑ:nt bɪ,lɪ:v jə
 'aɪz/
 give sb a hand /,gɪv ,sʌmbɒdɪ ə 'hænd/
 laugh your head off /,lɑ:f jə 'hed ɒf/
 on the tip of your tongue /ɒn ðə ,tɪp əv jə
 'tʌŋ/
 pull sb's leg /,pʊl ,sʌmbɒdɪz 'leg/

Other

be in favour of sth/opposed to sth /bɪ ɪn
 'feɪvə əv ,sʌmθɪŋ/ə'pəʊzɪd tə ,sʌmθɪŋ/
 consider /kən'sɪdə/
 cut off /,kʌt 'ɒf/
 disapprove of sth /,dɪsə'pru:v əv ,sʌmθɪŋ/
 express sb's support for/disapproval
 of sth /ɪk,sprez ,sʌmbɒdɪz sə'pɔ:t fə/
 ,dɪsə'pru:vəl əv ,sʌmθɪŋ/
 get /get/
 get on (your bike) /,get 'ɒn (jə 'baɪk)/
 get out of /,get 'aʊt əv/
 insist on (doing sth) /ɪn'sɪst ɒn (,du:ɪŋ
 ,sʌmθɪŋ)/
 lack of sth /'læk əv ,sʌmθɪŋ/
 mosquito net /mə'ski:təʊ net/
 penknife /'pen-naɪf/
 risk /rɪsk/
 rope /rəʊp/
 safety /'seɪftɪ/
 survivor /sə'vaɪvə/
 trap /træp/