

## ● What do you like / dislike about sports?

I like that you can keep fit / get healthy / meet other people / play in (*BrE*) / play on (*AmE*) a team / be outside / learn a new skill / breathe fresh air / learn to play fairly. I don't like exercise / the possibility of getting injured / playing with people who are too competitive.

## ● What kind of sports do you play and how often?

Every day / once / twice a week / at weekends / after school / on Mondays I play football / table tennis / basketball / volleyball / I go running / go swimming / go to the gym / go horse riding (*BrE*) / horseback riding (*AmE*) / I take a dance class / I do yoga / do aerobics / do gymnastics / do karate / I play in / on a hockey team / have a hockey match. I don't play sports / don't like sports / never do anything sporty.

## ● Can you describe a wide range of different sports?

There are lots of / many different types of sport, such as individual sports / team sports / winter sports / summer sports / extreme sports. Some sports are about ball skills, like cricket / football / hockey / rugby. Others are about being the fastest, like athletics / swimming / horse racing, or about being the strongest, like weightlifting. Some sports are about skill like diving / shooting / archery / ice skating / gymnastics. Some sports are competitive, other people do yoga / Pilates / work out just to get their body in shape / get fit.

## ● What sports can you do in the summer and why?

In summer you can go cycling / rollerblading / swimming / sailing / rock climbing / play beach volleyball. These sports are outdoor sports and you can't do them in the winter because the weather is bad / too cold.

## ● Tell me about some winter sports. What equipment do you need?

In winter, you can do winter sports like skiing / snowboarding / playing ice hockey / ice skating. You need warm clothes, like hats, gloves and a warm jacket. If you are skiing / snowboarding, you need special equipment, like skis and poles / boots / a snowboard / a helmet. Skaters and ice hockey players need a rink and skates. Ice hockey also uses a puck / hockey stick / pads. You also need cold weather / ice / snow for these sports.

## ● Can you tell me about sports that use balls?

Football and rugby are sports that have a ball and are played on a pitch with goals. Tennis and squash are played on a court and each player has a special racket and a ball that they hit. Floorball is played with a stick and ball in a gym. Basketball is played on a court with two hoops, with a large bouncy ball that you have to throw into the net. Golf is played on a golf course and you use a golf club to hit a small ball into a hole in the ground.

## ● What sports do you need water for?

Swimming and diving are sports that are done in a swimming pool. You need a lake or river to canoe or go kayaking. If you are sailing in a boat, you need a big lake or the sea and wind. Fishing is a leisure sport and you need a river / lake / the sea.

## ● How would you describe a leisure sport versus an extreme sport?

A leisure sport is a sport that makes you feel relaxed / good but isn't too demanding on your body / too physical – for example darts / fishing / walking / playing golf. Extreme sports are action / adventure sports. They are more physical and sometimes dangerous – for example, white-water rafting / hang-gliding / kite surfing / parkour / ice climbing.

## ● Can you think of any important or famous sporting events?

The Olympic Games are one of the most famous sporting events. There are Summer Olympics and Winter Olympics and they happen once every four years. Marathons are running events that take place all over the world – for example, the Boston Marathon / the Prague Marathon. The World Cup and the Championships League Finals are famous football competitions. The US Open and Wimbledon are international tennis events. The Super Bowl is an American football competition, and the World Series is the baseball championship. The Monaco Grand Prix is a well-known car racing competition.

## ● What sports teams do you support or which sports players do you like?

I don't watch sports / support any teams / I'm not interested in following competitive sports. I support Manchester United / I love Sparta Prague / I wanted Brazil to win the World Cup. I enjoyed watching Petra Kvitová win at Wimbledon / Jaromír Jágr is one of my sporting heroes / I always follow Usain Bolt / Cristiano Ronaldo is my favourite player because... he/she is the best / fastest / plays fairly / is from my country / my family supports them.

# Bridge

